

Building Resilience, Session 3 on Wednesday, June 17:

“Resilience: Using the Tools and Harnessing the Hope”

[Click here to register](https://docs.google.com/forms/d/e/1FAIpQLSeIFJNM3_UZ_2t0p6jnEMLpqCzhXbA-gwWBgMWg2wO_S5BHkg/viewform) or use this direct link, https://docs.google.com/forms/d/e/1FAIpQLSeIFJNM3_UZ_2t0p6jnEMLpqCzhXbA-gwWBgMWg2wO_S5BHkg/viewform, for Session 3 on June 17 at 4:00 pm EDT. Register no later than June 15.

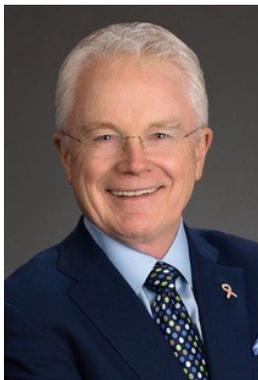
Resilience requires courage. Courage is not so much being fearless or unafraid. Courage is about how we think and what we do when we are afraid or confronted with adversity. Courage is the fuel that empowers hope and makes resilience happen.

Courage is not so much something you are born with as it is something you cultivate. This presentation will look to how we can all cultivate the courage necessary for these times.



Presenter: Father James Warnke

Father James Warnke, LCSW, recently retired from his 36-year clinical psychotherapy practice, during which he was Clinical Consultant for the New Jersey Adjustment to Vision Loss Project from 1989 until its conclusion in 2010. He has also served as an Episcopal Priest of the Diocese of Newark NJ. He earned his undergraduate degree in history theology at Fordham College. Jim has an international reputation and has presented over two hundred workshops, lectures, and keynote addresses on issues of mental health and blindness and visual impairment.



Session Facilitator: Kevin O'Connor

Kevin E. O'Connor, CSP, is an author, executive coach, businessman, and Certified Speaking Professional (CSP). He also holds Masters Degrees in Education, Counseling Psychology, and Pastoral Studies. Kevin is a senior lecturer at Chicago's Loyola University and is faculty for Columbia College of Chicago. He teaches both graduate and undergraduate students. Kevin will focus his expertise and humor to provide insight on the challenges of leadership, professional relationships, and how to improve the effectiveness of teams working together.

Series Recording Coming Soon!

The full three-part series — “Building Resilience: Leading and Learning Our Way through 2020 and Beyond” — is being recorded and will soon be available on the [Penn-Del AER website](#).